

Home Martial Arts Flexi-Connect Mats Home Wrestling Flexi-Connect Mats Installation

1. Select edge roll from your mat that does not have a flap (roll #1 starting from left to right).
2. Always ensure your starting roll is properly squared. Otherwise, you may have a stair-stepped mat.



3. Place the adjacent roll on top of the starting roll, so that about 2 – 4” of the starting roll skive side is covered by the adjacent roll. This allows you to align the two mats before attaching the hook and loop. Position the two rolls so that the ends and any logos or paint markings are aligned.



4. Next, slowly move the adjacent roll so that the flap nests into the skive section.



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5. Finally, go along the rolls and firmly press the flap into the loop side ensuring the flap is flush with the skived loop side.

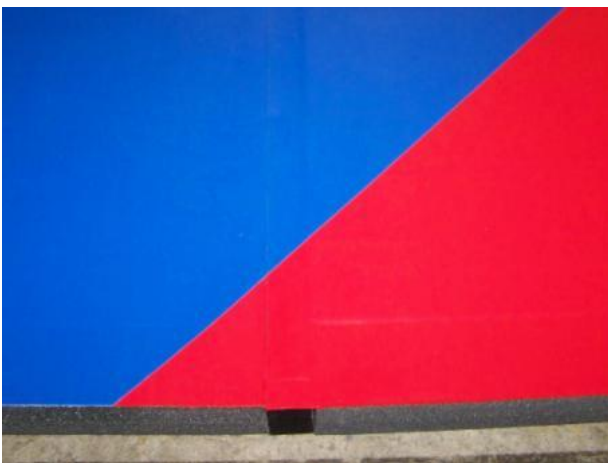
There should be no visible gap or flap overhang between the two rolls at the FLEXI-Connect® seam. If there is a visible gap or flap overhang, realign the adjacent roll until the flap and skive side fit properly.



6. Once the roll has been properly aligned with the edge mat, begin steps 3–5 again until the mat is finished.

BE AWARE THAT YOUR MAT WARRANTY IS VOIDED IF SETUP GUIDELINES ARE NOT FOLLOWED.

Additional set-up information:



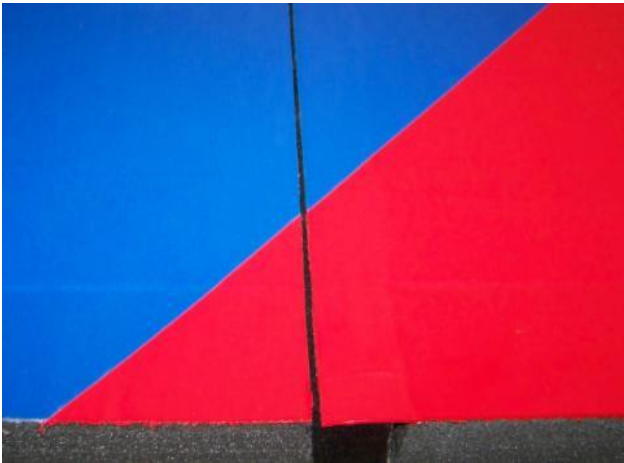
Properly setup Flexi-Connect mat with flush seam and without any seam gaps.



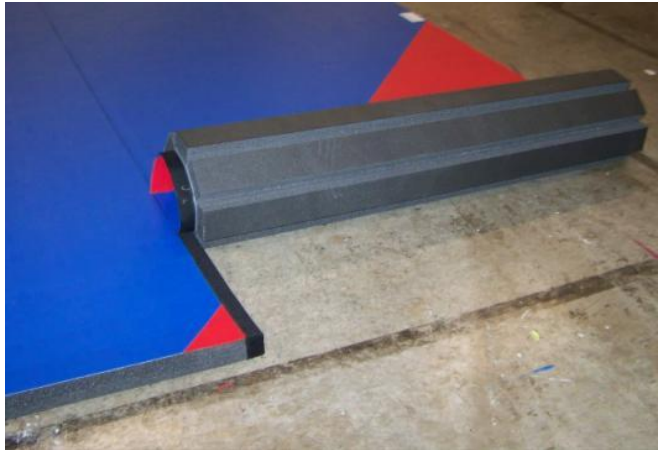
Improperly setup Flexi-Connect mat with overlapping seam.

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Improperly setup Flexi-Connect mat with a gap in the seam.



Always roll your Flexi-Connect mat by hand, separating the hook and loop sections if you plan to store the rolls.



NEVER pull apart your Flexi-Connect mat by pulling on the side or pulling on the corners of the roll.

Care and Handling Guidelines:

1. Roll up your Flexi-Connect mat by hand, separating the hook and loop and rolling up one roll at a time. NEVER forcibly jerk or pull apart the rolls as this can cause the hook and loop to tear away from the mat.
2. Always store your Flexi-Connect mat with the flaps away from objects to minimize potential damage. NEVER stand a Flexi-Connect roll upright with the flaps on the ground. NEVER stack an object on top of an upright Flexi-Connect roll. Ensure Flexi-Connect rolls have space between them when lying sideways.
3. Temperature warning: Unlike conventional mats, the Flexi-Roll does require a minimal temperature acclimatization period after transport or storage. Once the mat is shipped or taken out of storage, it is immediately ready for assembly in an open area. When fitting to a custom area, allow 2 hours for the

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mat to relax before cutting to size. The rolls should be used only after they have reached room temperature. Flexi-Connect mats are recommended for indoor use only and exposure to direct sunlight could damage the mat and void the warranty.

Safety Tips:

We urge you to carefully read and consider the product safety warning section that follows. It is included to increase your awareness of the precautions that must be enforced in your gymnasium or sports facility to reduce the possibility of injury.

Any activity involving motion, height, speed, rotation, and/or physical contact creates the possibility of serious injury, including paralysis and even death from landing or falling on the neck, head, back or other parts of the body. This mat DOES NOT eliminate this hazard. Users assume a risk of serious injury in using this product. Users should strictly adhere to the following guidelines at all times:

1. Use this mat ONLY with proper training and under the supervision of a qualified instructor. Use of this mat without proper supervision, proper training, proper spotting equipment and/or trained spotters can be DANGEROUS and SHOULD NOT be undertaken or permitted.
2. Always allow enough space to properly and safely perform the chosen maneuvers.
3. Perform all maneuvers so as to avoid contact with instructors, bystanders, or other users, and to avoid going outside the perimeter of this mat.
4. Inspect the mat prior to and after any use. Inspect the mat for damage, defects or wears, including tears and flattening of the energy absorbing materials. Additionally mat protection may vary according to room temperature and age. Damaged products should be repaired or replaced immediately. If in doubt, do not use this product.
5. Mats can move during use. Before each use always check the mat for proper positioning and ensure mat is safely secured together. Read the owner manual before initial use.
6. Under no circumstances should this mat be used as a landing mat.
7. Know your own limitations and the limitations of this product. Follow progressive learning techniques and always consult an instructor.
8. Frequently clean mats using approved cleaning products or other disinfectants to prevent skin infections. DO NOT USE BLEACH as it will cause harm and void warranty.

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